



THE VILLAGE

NORTHERN BEACHES

AT THE VILLAGE NORTHERN BEACHES, WE BELIEVE THAT FAMILIES THRIVE WHEN SUPPORTED BY AN INCLUSIVE AND INFORMED COMMUNITY. THAT'S WHY WE'RE SHARING THIS GUIDE TO HELP PARENTS OF NEURODIVERGENT KIDS CONNECT WITH SERVICES, COMMUNITY RESOURCES AND EACH OTHER.

WHAT IS NEURODIVERGENCE?

NEURODIVERGENCE INCLUDES DIFFERENCES LIKE AUTISM, ADHD, DYSLEXIA, AND SENSORY PROCESSING CHALLENGES. THESE ARE NOT PROBLEMS TO BE FIXED, THEY ARE SIMPLY DIFFERENT WAYS OF EXPERIENCING AND ENGAGING WITH THE WORLD.

A NOTE ON APPROACHES TO SUPPORT :

THIS GUIDE DOES NOT RECOMMEND INTERVENTIONS BASED ON ABA (APPLIED BEHAVIOUR ANALYSIS), PBS (POSITIVE BEHAVIOUR SUPPORT), OR OTHER BEHAVIOURAL APPROACHES, IN LINE WITH CONCERNS EXPRESSED BY MANY IN THE AUTISTIC COMMUNITY. INSTEAD, WE FOCUS ON AFFIRMING SUPPORTS THAT HONOUR THE AUTONOMY AND IDENTITY OF NEURODIVERGENT INDIVIDUALS.

GETTING AN ASSESSMENT OR DIAGNOSIS:

- **The Grow Space** (Warriewood)
<https://www.thegrowspace.com.au>

- **Beaches Brain Clinic** (Belrose)
<https://beachesbrainclinic.com.au/>

- **Berry Collective Psychology** (Mona Vale)
<https://www.berrycollective.com.au/>

- **Neurocare** (Frenchs Forest)
<https://www.neurocaregroup.com/en-au/>

- **Stephanie Morse Clinical Psychology**
stephaniemorse.com.au



SPEECH THERAPY

- **Talk-Time Speech Pathology** (Allambie)
talk-time.com.au
- **TalkShop Speech Pathology** (Frenchs Forest & Forestville)
talkshop.com.au
- **Kids First Children's Services** (Brookvale)
kids-first.com.au



CREATIVE & PLAY-BASED THERAPY

- **Be Centre Foundation** (Warriewood)
Specialising in play therapy for children aged 3–13, including those with trauma, anxiety, and neurodivergent profiles.
becentre.org.au



MULTIDISCIPLINARY CARE

- **KITE Centre** (Frenchs Forest)
Paediatric OT, psychology, paediatrics and developmental assessments. GP referrals needed for paediatrician/psychologist; OT optional.
kitecentre.com.au

- **Kids First Children's Services** (Brookvale)
Psychology, OT, speech therapy, and school readiness programs. Family-centred early intervention.
kids-first.com.au



DYSLEXIA & STRUCTURED LITERACY INTERVENTION

- **Dyslexia Support & Learning Centre** (Dee Why)
1:1 Orton-Gillingham-based structured literacy support for children and adults with dyslexia, dysgraphia, and writing difficulties.
dyslexiasupportandlearning.com



RESOURCES & ADVOCACY FOR SPECIFIC LEARNING NEEDS

- **SPELD NSW**
Referrals, guidance, and educator resources for children with learning difficulties like dyslexia.
speldnsw.org.au



PSYCHOLOGISTS (PAEDIATRIC-FOCUSED)

- **Kids First Psychology** (Brookvale & Mona Vale)
kids-first.com.au
- **Little Steps Psychology** (Frenchs Forest)
littlestepspsychology.com.au
- **Stephanie Morse Clinical Psychology**
stephaniemorse.com.au



OCCUPATIONAL THERAPY

- **Kids First Children's Services** (Brookvale)
kids-first.com.au

LOCAL SERVICES IN THE NORTHERN BEACHES

- **CYMHS** (Northern Beaches) – Youth mental health referrals through GP or school
- **HEADSPACE - Brookvale**
<https://headspace.org.au/headspace-centres/brookvale/>
- **CATHOLIC CARE**
<https://catholiccaredbb.org.au/individual-family-supports/child-youth-family-support/casework/>

PARENT, CARER & PEER SUPPORT NETWORKS

- **Northern Beaches Special Parents** (Facebook) – Webinars, catch-ups, giveaways for special needs families
- **Northern Beaches GrooveAble** (Facebook) – Inclusive discos for teens and adults with disabilities
- **Northern Beaches Autism Support Group** (Facebook) – Tips, events, and community support
- **Reframing Autism** – <https://www.reframingautism.org.au>
- **Amaze** – <https://www.amaze.org.au>
- **Carer Gateway** – <https://www.carergateway.gov.au> | 1800 422 737
- **I CAN Network** – Mentoring and advocacy for autistic young people by autistic mentors.
<https://www.icannetwork.com.au>
- **Square Peg Round Whole Podcast** – Conversations by and for neurodivergent families and educators. <https://www.squarepegroundwhole.com.au/podcast>

YOU'RE NOT ALONE: CONNECTING WITH INCLUSIVE SERVICES AND OTHER PARENTS CAN MAKE A WORLD OF DIFFERENCE. START SMALL, REACH OUT, AND KNOW THERE IS A SUPPORTIVE COMMUNITY AROUND YOU.